

FINAL DAYS TO HELP AFCA HELP YOU Complete the survey and win!

ForestFit, a forest contractor training and certification pilot is being designed specifically for forest contractors and will be rolled out nationally.

ForestFit fosters continuous professional development, increased business competency, operational compliance and risk management, and industry sustainability.

To develop ForestFit to meet your needs we need your help. We need to improve our understanding of forestry contractor businesses nationally and the profile of business operations.

Complete [the survey here](#). It will only take you around 10 minutes and can be completed on most devices, a phone, tablet, laptop, or computer.

As a bonus, each business that completes the survey before 14 August 2020 (cob) has a chance to go into the draw to win one of three prizes.

Prizes Announced

First Prize: \$400 Officeworks gift card

Second Prize: \$200 Coles/Myer gift card

Third Prize: ForestFit gift pack.

Please note that your participation and any information collected, including your business information, will be kept strictly confidential and your business will not be identified in any reporting.

Over the past week, Margules Groome has been calling contractor businesses and inviting them to complete the survey over the phone, if you haven't heard from them and would rather complete it over the phone contact forestfit@afca.asn.au.

Not a contracting business but would like to help? We would appreciate your help in distributing the survey as widely as possible. Want to learn more about ForestFit visit [here](#)?



STARTS TODAY: MENTAL HEALTH TRAINING WEBINAR SERIES

Can't make the times below? Still register and you can watch the webinars in your own time at a later date.

1. Creating a mentally healthy workplace starts with you – what, why, how

- When: Monday 10/8/2020, 2:00 PM (AEST) (45min-1hr)
- Cost: Free [Click here to register](#)

With an estimated 1 in 6 people of working age suffering from mental illness, mental health is an increasingly important topic in the workplace but there is often a gap in understanding what mental health is. This session will increase understanding, raise awareness of possible risks and provide some basic practical strategies to maintain mental health and wellbeing, for the business and the individual.

Topics include:

- Safety at work
- Creating a mentally health workplace – why?
- Understanding mental health –what is it?
- Workplace wellbeing – how?

2. Taking action to implement a workplace mental health policy –who and how

- When: Wednesday 2/9/2020, 2:00 PM (AEST) (45min-1hr)
- [Click here to register.](#)

Organisations can often struggle to find direction on mental health since the factors involved are so diverse, however, those businesses that care about the health and wellbeing of their staff attract and keep top talent and are better placed to weather tough times. Every business and every organisation is different so your approach to implementing a mental health policy needs to be tailored to your workplace and this webinar will explore some simple strategies to help you embed a culture of positive mental health.

Topics include:

- Mental health policy – an integrated approach explored
- Responsibilities – employers, managers & employees
- Action steps to implementation



3. Mental Health First Aid (Accredited Training)

- When: Dates to be agreed
- Cost: \$220 per person
- Time Commitment: online self-paced learning component which takes approximately 5-7 hours to complete and is then followed by 2 x 2.5hr facilitated online sessions, held on separate dates, usually a week apart.
- Numbers: 6- 12 per course.
- Registration - Further details to be provided at a later date

Following the 2nd Webinar a number of dates will be provided for people to book in to undertake the accredited Standard Mental Health First Aid via an online format. This is usually recommended as a face to face format, however due to COVID-19, the MHFA Aust have developed an online alternative that is delivered in 3 parts.

Proudly brought to you by:

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